



Implementation Plan for Community Health Needs Assessment

9/17/18

Background

In compliance with the Patient Protection and Affordable Care Act of 2010, non-profit, tax-exempt hospitals must complete community health needs assessments and adopt an implementation strategy to meet those health needs every three years. The Children's Home conducted its Community Health Needs Assessment (CHNA) between September 2017 and May 2018 with the goal to:

- Understand and identify our communities' health care needs
- Develop a roadmap to direct resources where services are most needed
- Collaborate with community partners to make positive impact
- Improve the health of our community and achieve measurable results

Based on our assessment, community findings and organization expertise, The Children's Home would like to pursue *a peer-facilitated support group model for family caregivers of medically fragile children*:

- Support for families of special needs children was prioritized highest from Steering Committee input. Similarly, community findings placed this need high based on quantitative and qualitative evidence.
- 6.6% of pediatric population in Allegheny County is classified as disabled¹
- 18.3% of students in Pittsburgh Public Schools are classified as disabled²
- Caregivers of children with disabilities disproportionately likely to develop chronic health problems³
- Finally, a support group model has already been established in Child's Way successfully.

Program Model

- Scale up current support group for caregivers of children who are medically fragile/have special needs/are living with a disability. Open support group to community members.
- Intersperse "family fun nights" (movies, picnics, etc., including older sibs) with educational speaker nights
- Based on member interest, introduce speakers to discuss relevant topics in groups
- Provide child care while adults focus on sessions

¹ Allegheny County Health Department. (2015, May). 2008-2012 infant mortality birth cohort study. Retrieved 9/1/18 from http://www.achd.net/biostats/pubs/pdf/2015_Birth_Cohort_Report_FINAL.pdf

² The Annie E. Casey Foundation (2018). Kids Count Data Book: 2018. Retrieved 9/1/18 from <https://datacenter.kidscount.org>

³ Brehaut JC, Kohen DE, Garner RE, *et al.* (2009). Health among caregivers of children with health problems: findings from a Canadian population-based study. *Am J Public Health*, 99: 1254-62



Potential Benefits

| <i>To caregivers</i> | <i>To children</i> | <i>To TCH</i> |
|---|--|---|
| Reduced feelings of isolation, increased feelings of affiliation | Fun! | Status as “hub” for Pittsburgh families with special needs |
| Alleviation of stress through encouragement/dissemination of healthy coping mechanisms/ brief respite from childcare duties | Socialization and friendships with peers | Strengthening of linkages to area health and human service providers |
| Education by speakers and peers, including day-to-day childrearing tips and insights on child dev. | Playmates from wide variety of backgrounds | Dissemination and promotion of TCH services to uninitiated families |
| | | Maintenance of up-to-date knowledge on issues affecting families with special needs |
| | | Opportunity for staff to take leadership role by heading workshops |

Evaluation

- Emphasis on qualitative interviews (semi-structured, questions guided by initial members’ objectives)
- Selection of pre-post quantitative measures (e.g. Ped-QOL to measure pediatric quality of life, GAD-7 to measure anxiety, Parental Stress Index) based on initial members’ objectives

Timeline

| Activity | Deadline |
|--|----------|
| Interview Child’s Way support group caregivers about current format and scaling-up | Oct. 1st |
| Contact above organizations, interview key members/staff about recruitment strategies, drill down to more specific needs | Oct. 1st |
| Finalize staffing plan for child care in Child’s | Oct. 15 |



| | |
|---|---|
| Way during adult sessions | |
| Develop marketing materials, implement suggested recruitment strategies | Oct. 1 |
| Develop/select evaluation materials based on members' stated objectives | Oct. 15 |
| Arrange for educational guest speakers throughout the year based on group members' stated interests | Ongoing |
| First Support Group | Thursday November 15 th 2018 |

Potential Partners

- East Liberty FSC
- Lawrenceville FSC
- Hill District Center for Nurturing Families
- Wilkinsburg FSC
- Homewood-Brushton FSC
- Lincoln Park Family Center
- School for the Blind
- The Children's Institute
- Every Child, Inc.
- The Watson Institute
- UPMC Children's Hospital
- East Liberty Family Healthcare Center
- Allegheny County WIC Office

Preliminary Budget

Fiscal Year 2019 budget for Community Health Needs Assessment programming is \$10,000, or \$833 per group night. There are two different program components: Support Group Nights which include child care and Family Nights. For each, the main cost is a little different:

- Support groups have greater staffing requirements as all the kids need to be supervised independently by nurses
- For family nights, parents are there with them, so the bigger cost is the activity / entertainment

Support Group Night: \$833

| Line Item | Funds | Notes |
|------------------------|-----------|---|
| Child Care Salary Need | \$ 500.00 | High end nurses salary \$33/hr, two hours |
| Food | \$ 233.00 | Pizza |
| Other | \$ 100.00 | |

Family Night: \$833

| Line Item | Funds | Notes |
|--------------------------|-----------|--|
| Child Care Salary Need | \$ 200.00 | High end nurse's salary \$33/hr, two hours |
| Food | \$ 233.00 | Pizza |
| Entertainment / Activity | \$ 400.00 | i.e. puppet show |